

Child & family Psychologist Adult & Couples Psychologist

4thought Psychology

2 Positions Opened For: child & family // Adult & Couples Psychologist

An exciting opportunity to join a well-established, vibrant family, child, adolescent and adult practice. With over 25 years of building trusted relationships within the Bayside community, this position comes with the ability to work alongside collaborative practitioners.

At 4thought psychology we care about creating a welcoming and tranquil environment with therapy animals, vegie gardens and play equipment to support creative and experiential therapy approaches. Our values are based on providing the best possible outcomes for clients, and supporting practitioners with professional development, supervision and a model which celebrates the work/life balance.

We support continued practitioner growth, and are inspired to work collaboratively, supporting development of workshops and seminars, with business profit share and partnerships available.

Knowledge, skills and experience

Essential:

- Demonstrated and sound knowledge for the provision of therapy services and assessments to adults – men's mental health and women's mental health, couples, children and young people.
- Thorough knowledge of family dynamics and attachment.
- Providing multifarious therapeutic approaches with a broad range of presentations: anxiety, depression, PTSD, behavioural challenges, self-harm.
- An ability to implement best practice methodologies related to psychological interventions and behavior support with a sound evidence base.
- Knowledge and understanding of the comorbidities associated with mental health and learning deficits or developmental presentations.
- Experience in, and understanding of, multidisciplinary and transdisciplinary approaches to working with children and young people.
- Well-developed oral and written communication skills.
- Ability to self-direct as well as work effectively with others.
- A commitment to personal and professional development.
- Demonstrated ability to develop professional networks both internally and externally with key stakeholders.

Your Qualities and Credentials should include:

- **Registered** with AHPRA, APS
- Medicare provider number required
- 3 or more years' experience, Private practice experiences an advantage
- Have a strong moral and ethical compass with a passion for client care
- Open to professional development and shared collegial case study discussions
- Experience liaising with multi-disciplinary teams and practitioners
- **Advantage:** trained in **EMDR**, IFS (Internal Family Systems), ACT, Mindfulness
- **Clinical registration well regarded**

The Benefits: This role will suit a passionate and creative psychologist, with a strong commitment to providing a level of excellence in the services for clients.

- Join a thriving practice with clinical/professional development through peer supervision and open discussions with a diverse team with broad experience and expertise.
- Our varied range of clientele offers areas of growth to consolidate and expand professional skills and areas of interest.
- Supportive practice of case management and therapeutic approaches.
- Excellent remuneration, flexible hours and session times to promote work/life balance.
- Work creatively in unique tranquil gardens, with our animal friends and play equipment.
- Business opportunities to create partnerships in developing extensions of services the practice offers.

This is a contractual position that is ongoing.

Cover letter and resume to be sent to louise@4thoughtpsychology.com and please don't hesitate to contact our Practice Manager, Michelle Acreman, at 4thought psychology: [03 9530 8773](tel:0395308773)